

EMERGING PRACTICES WORKSHEET

Personal Narratives + Storytelling

Therefore, we encourage you to think about what you already do and where your practice is reflected in these emerging practices. We believe that practitioners hold the knowledge needed to cultivate safety and stories within their communities. *This is just a mirror to help you see / name what you already do, and in doing so help you go deeper in and refine your practice.*

EMERGING PRACTICE: *Create a sense of community, teamwork, and safety by:*

- Creating collective group agreements or rights + responsibilities,
- Providing boundaries at first and then removing those boundaries,
- Using repetition as a tool of depth + refinement,
- Facilitating activities that make it fun and easy to become comfortable around neighbors / teammates / peers / fellow artists, and
- Providing avenues for all types of participation including a right to pass, an offering of silence, or non-verbal signifiers of participation to ensure all "voices" are included.

ADDITIONAL NOTE: *Some people have very tentative feelings about and experiences with safety. This means sometimes some folks may never feel safe. So when you are responsible for cultivating safety within an environment (eg. classroom, event space, office, etc.), it is important to give space for all types of reactions (including defiance of instructions, non-participation, challenging perceived authority, etc.) while still maintaining a physically safe environment.*

EMERGING PRACTICE: *Use mind mapping as a tool for non-linear story discovery and creation by:*

- Starting with a central theme / topic for the map,
- Organically branching off from the theme and exploring subtopics,
- Using technologies like [Coggle](#) to facilitate digital mapping and inclusion of images and videos into maps,
- Reviewing maps to find important plot / story moments,
- Sharing maps with others to showcase the diversity of stories and expressions, and
- Creating a series of interconnecting stories from the central mind map that paint a richer picture of the central theme.

