

A Letter to My Future Self

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Task:

You are going to write a letter to your future self. This could be you in a year's time or you in a few years' time, at the end of secondary school.



Imagine what you would like to become. How would you like to be portrayed? You like to be portrayed as kind and helpful people? You like to be portrayed as a person who is confident and happy? You like to be portrayed as a person who is kind and helpful? You like to be portrayed as a person who is confident and happy? You like to be portrayed as a person who is kind and helpful? You like to be portrayed as a person who is confident and happy?

Ideas:

- What advice would you give yourself when starting something new?
- What would you like to change about yourself?
- How can you improve yourself?
- What are your ambitions?
- What are your goals?
- What are your dreams?
- Who would you like to get to know?
- What new things would you like to take part in?
- If you were somebody else starting a new year at school, what would you tell them?

Think about what is important to you, how you want to feel about yourself and how you want others to feel about you. What will you be proud of?

When you have completed your letter, take some time to read it over and think through the advice you have given.

When you have done this, you may just find the envelope your teacher has given you. You should return this letter back at the end of the year.



Secondary



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Dear: _____ (your name)

Lined writing area for the letter.

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