






Name: _____

Date: _____

Elaborating on Feelings

Strong feelings and details are connected! As you consider each feeling or emotion below, add some details that could be related to that feeling. The first example is done for you.

Read each emotion or feeling below. Write an example of when you've experienced that feeling.

Feeling or Emotion	I felt this way when...
 Excited	Mom told us that we were going on a special vacation!
 Scared	_____
 Nervous	_____
 Sad	_____
 Upset	_____
 Surprised	_____
 Bored	_____
 Restless	_____
 Confused	_____
 Tired	_____
 Embarrassed	_____