Manager .	Date:	
Name:	Date:	

Elaborating on Feelings

Strong feelings and details are connected! As you consider each feeling or emotion below, add some details that could be related to that feeling. The first example is done for you.

Read each emotion or feeling below. Write an example of when you've experienced that feeling.

Feeling or Emotion	I felt this way when
Excited	Mom told us that we were going on a special vacation!
Scared	
Nervous	
Sad	
Upset	
Surprised	
Bored	
Restless	
Confused	
Tired	
Embarrassed	