

10 MINUTES TO LET YOUR MIND WANDER (WHO KNOWS WHERE IT MIGHT LEAD?)

<hr/>		Date: <hr/>
Three things that might feel impossible at first, but aren't:	Lightning round: word association	One place you keep important things:
<div></div>	cake	<hr/>
<div></div>	lake	One place you record your memories:
<div></div>	take	<hr/>
	fake	One place you go when you need peace & quiet:
	make	<hr/>
One subject you know a lot about:		One place away from home that feels like home:
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One fascinating thing about that subject:		One task you're quite happy to do over and over again:
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10 minute journal page