

READING

Comprehension

Passages

Being Active

Name: _____

Jared loves to play baseball. He also loves to run, skip, and jump in puddles. Jared is a very active boy. Whenever he is playing, his body is getting exercise. Exercise is healthy for our bodies. It can get our hearts pumping and strengthen our muscles. Jared always feels better after he exercises!



1. What kind of exercise does Jared do?

2. How does exercise help our bodies?

3. What other kinds of exercise are there? Try to think of 3 more activities.

Marie's Party

Name: _____

Marie will be seven years old on Sunday. She is celebrating her birthday by having a party. She has invited nine students from her class. At the party everyone will play games, dance, and eat pizza. Marie's mother made her a chocolate cake with pink frosting for dessert. Marie can't wait until Sunday!



1. How old will Marie be on Sunday?

2. What will the children do at the party?

3. How do you think Marie feels about her party? Why?

4. Write

